

## UNLOADING GUIDELINES - FLATBED OPERATIONS

In order to maintain the safest environment possible while making deliveries, all drivers should abide by the following guidelines while loading and unloading product:

- 1. All drivers should wear full Ruan-approved PPE at all times while on-duty and not in the tractor. This includes a high visibility jacket, vest or uniform shirt, hard hat, long pants, Ruan-approved, terminal-specific boots, leather gloves and safety glasses.
- 2. No material should be unloaded by hand unless that material weighs less than 60 pounds.
- 3. Always request assistance handling material regardless of weight.
- 4. Sharp or awkward/difficult to handle items, such as individual small cut pieces (unless in a container) and plates, should not be unloaded by hand, regardless of weight.
- 5. Where possible, drivers should not be on the deck of the trailer while any material is being moved with a crane or forklift.
- 6. If a crane is being used to lift material, the driver should stand next to the crane operator or in a safe location as directed by the crane operator.
- 7. If a forklift is being used to lift material, the driver should be on the same side of the trailer as the forklift, leaving sufficient space around the forklift.
- 8. When material needs to be shifted on the trailer, a crane or forklift should be used, not a winch bar.

Within these guidelines, Ruan drivers should use their own judgement in all situations, and pause the loading/unloading if they feel anything is unsafe.





## SECUREMENT GUIDELINES - FLATBED OPERATIONS

In order to maintain the safest environment possible while working, driving and delivering product, all drivers should abide by the following securement guidelines;

- All drivers should wear full Ruan-approved PPE at all times while on-duty and not in the tractor. This includes a high visibility jacket, vest or uniform shirt, hard hat, long pants, Ruan-approved, terminal-specific boots, leather gloves and safety glasses.
- 2. Perform a 360-degree, 4D walk around load assessment prior to securement.
- 3. Keep your time on a trailer to a minimum. No unnecessary walking on freight.
- 4. Ruan-issued equipment should be used at all times. Anything else should be used only after the terminal manager gives authorization.
- 5. Use a minimum of two securement devices per item, regardless of bulkhead.
- 6. Securement will be at a minimum: Two devices in the first 10 feet (regardless of the bulkhead), two in the last 10 feet, and one for every 10 feet inbetween.
- 7. Secure to 100 percent of the weight of the cargo.
- 8. If applicable, layering techniques will always be used.
- 9. Bungee cords are not a securement and should only be used to tie down a tarp to the loaded trailer.
- 10. Ruan equipment load limits are as follows:
  - 4-inch strap 5,000 pounds
  - 2-inch strap 3,000 pounds
  - 3/8 chain 6,000 pounds
  - 5/16 chain- 4,500 pounds
- 11. If practicable, straps should at all times hook to the trailer frame and stay inside the rub rail.
- 12. Out-of-service equipment will never be used and will be replaced immediately.
- 13. Whenever necessary, the use of edge protection is required.
- 14. A header chain will be used when practicable.
- 15. Securement will always be placed under the tarp and on the cargo.
- 16. At all times, practice the Megasafe5 Rules of Working Safely.